

Key Stage 2 - Science – Spring Term 2026

Spring Term Dates – Monday 5th January 2026 – Thursday 26th March 2026

Half-term: Monday 16th – 20th February 2026 **No sessions**

| Week | Date | Topic | Lesson Objective |
|-------------|-------------|------------------------------|---|
| 1 | 7 January | What Is a Force? | To identify forces as pushes and pulls and recognise examples in everyday life. |
| 2 | 14 January | Gravity | To understand that gravity pulls objects towards the Earth and affects how things fall. |
| 3 | 21 January | Friction | To explore how friction slows movement and compare friction on different surfaces. |
| 4 | 28 January | Air Resistance | To investigate how air resistance affects falling or moving objects. |
| 5 | 4 February | Water Resistance | To describe how water resistance slows movement and identify streamlined shapes. |
| 6 | 11 February | Balanced & Unbalanced Forces | To compare balanced and unbalanced forces and explain how they affect motion. |

| | | | |
|----|-------------|-----------------------|---|
| 7 | 25 February | The Solar System | To identify the Sun, Moon, and eight planets and describe their positions within the Solar System. |
| 8 | 4 March | Day & Night | To understand that the Earth rotates on its axis, causing day and night. |
| 9 | 11 March | Orbits & Seasons | To describe how the Earth orbits the Sun and how this creates the seasons. |
| 10 | 18 March | The Moon & Its Phases | To identify the phases of the Moon and explain why the Moon appears to change shape. |
| 11 | 25 March | Space Exploration | To explore significant space missions and describe how astronauts and satellites help us learn about space. |